



Sir Robert Pattinson Academy

Careers & Personal Development

Newsletter Term 4

Personal Development Day

Our fourth Personal Development Day of the academic year took place on Friday 13 March. Students took part in workshops covering a wide variety of areas including careers, British Science Week, healthy eating, using social media safely, democracy as well as English and mathematics revision masterclasses.

In addition to these sessions we had a number of external visitors supporting us with a year 7 Seatbelt Challenge delivered by Max Respect. Students were tasked with designing a car that could protect an egg in a crash, emphasizing the importance of wearing a seatbelt appropriately. Years 11 and 13 attended a revision skills workshop delivered by Learning Performance that developed memory and recall. Our year 13 students had a money matters tutorial supporting students financial awareness in preparation for their next steps after the summer.

Years 10, 11 and 13 were all able to opt into a workshop of their choice based around wellbeing. Sessions ranged from basic cooking skills and car maintenance to mindfulness and mental health awareness. Games of capture the flag, rounders and dodgeball reinforced to our students that their physical and mental wellbeing is especially important during their exam preparation. The opt in sessions were a result of students voice following previous Personal Development Days.

Motor Mechanic Workshop



Food & Nutrition Workshop



Year 7 Seatbelt Challenge



Future Personal Development Days:

Term 5: Thursday 30 April 2020

Term 6: Tuesday 30 June 2020

National Careers Week

2-7 March 2020

As part of National Careers Week, our KS3 students learnt about Jobs and skills needed for employment whilst KS4 students looked at Labour Market Information.

The Careers Hub ran an Employer Vocabulary Hunt Challenge for KS3.



Parent/Carer Feedback

Our careers entitlement programme for years 7 to 13 can be found on the Academy website under Careers and Work Related Learning. This information is for the benefit of students, parent/carers, and employers.

As an Academy, we regularly seek student, teacher and external guest speaker's feedback on our Careers and Personal Development Day programme to help us improve our delivery.

We would also welcome any feedback from parent/carers. Please email atodd@srpa.co.uk with any views you may have.

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Work Experience Week

3-7 February 2020

Following their return to the Academy after a week of work experience, Year 12 shared their experience of the workplace with their peers and put the final touches to their work experience record book before handing them in for accreditation. The books were completed to a very high standard with 86% graded at Distinction, 10% Merit and 4% Standard.

Doctor Neil Appleby of Appleby Associates and a Governor of the Academy presented work experience certificates to our year 12 students in a celebration assembly on Wednesday 4 March.



Sir Robert Pattinson Academy



Work Experience
Student Record Book

Name.....

Form.....

Placement Name & Address

.....

Date 3-7 February 2020

Academy Website

We have now created a Parent Information tab in the Career and Work Related Learning section on the Academy Website.

Information on Apprenticeships and Labour Market Information can be found in this area.



Interview Skills

Guides and techniques for students in dealing with job interviews and internships:

Video Interviews

<https://practicereasoningtests.com/video-interviews/>

Personality Tests

<https://practicereasoningtests.com/ultimate-interview-candidates-guide-employers-personality-tests/>

Aptitude Tests

<https://practicereasoningtests.com/introduction-to-aptitude-tests/>

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