



YOUR ENTITLEMENT TO CAREERS EDUCATION & GUIDANCE (PART OF A.S.P.I.R.E.) IN YEAR 10

In Year 10 you will be provided with the following Careers learning

- A taught programme of Careers Education and Guidance delivered through A.S.P.I.R.E. a Tutor taught programme which will enable you to engage in:

SELF DEVELOPMENT: Learning Activity	TERM	Skills	Learning Outcomes		
<p>Self-Awareness: Writing a personal statement - thinking about the type of person you are and writing a true reflection of you. Understanding how to give evidence of your skills and sell yourself well to an employer or HE/FE institutions.</p>	Spring	<p>SD1: <i>Recognise how you are changing, what you have to offer and what is important to you.</i></p> <p>Reviewing Reflecting Qualities Decision making Questioning Skills</p>	<p>I understand some of this</p>	<p>I understand most of this</p>	<p>I fully understand this topic</p>
<p>Self Determination: Constructing a CV-Understand how to be positive about yourself and the importance of creating a good first impression through a CV</p>	Summer	<p>SD2: <i>Explain how to use positive versions of your own story to manage wellbeing, progress and achievement</i></p> <p>Skills Qualities Reflection Reviewing Strengths Weaknesses</p>			
CAREER EXPLORATION: Learning Activity					
<p>Exploring careers & career development: Take part in Workwise Day. Attend employer workshops and employability skills activities to increase knowledge learn about careers sectors and develop employability skills. Attend Careers Fair and gather information on different careers and pathways</p>	Autumn Summer	<p>CE1: <i>Explain key ideas about careers and career development</i></p> <p>Questioning Researching Communication Analysing Initiative Participation</p>			

CAREER EXPLORATION: Learning Activity	TERM	Skills	Learning Outcomes		
<p>Investigating work & working life: Take part in Workwise Day. Investigate how employer's careers have developed and the impact it has had on them. Take part in the practical task set.</p>	Summer	<p>CE2: Explain how work is changing and how this may impact on peoples satisfaction with their working life Questioning Communication Team Working Analysing</p>	I understand some of this	I understand most of this	I fully understand this topic
<p>Investigating Job & Labour Market Information (LMI): Define LMI and identify its sources. Understand how to research and use the information found to support career action planning.</p>	Autumn Summer	<p>CE4: Be able to find relevant labour market information and know how to use it in your career planning</p>			
<p>Valuing Equality Diversity & Inclusion: Look at discrimination in the work place and the various forms it can take. Be aware of you r rights and responsibilities and how employers have to treat everyone fairly according to Equalities Act 2010</p>	Spring	<p>CE5: Recognise & challenge stereotyping, discrimination and other barriers to equality, diversity & inclusion. Know your rights & responsibilities to these issues Questioning Communication Self-Management Decision Making Impartiality</p>			
CAREER MANAGEMENT :Learning Activity					
<p>Preparing for employability: Take part in Workwise Day. Attend employer workshops and employability skills activities to increase knowledge learn about careers sectors and develop employability skills. Attend Careers Fair and gather information on different careers and pathways. Understand what is meant by interpersonal skills and why they are required in the work place.</p>	Autumn Spring Summer	<p>CM2: Demonstrate how you are continuing to develop the skills and qualities you will need to improve your employability Objectivity Impartiality Analysing Decision making Strengths Weaknesses</p>			

CAREER MANAGEMENT :Learning Activity	TERM	Skills	Learning Outcomes		
<p>Showing initiative & enterprise: Magic Bag activity. Learn how to be enterprising and market yourself in a positive way. What is meant by entrepreneurs and how you could develop the skills to be successful</p>	Summer	<p>CM3: Show that you can be enterprising in the way you learn work and manage your career</p> <p>Researching Communication creative Analysing Presentation Improvisation</p>	I understand some of this	I understand most of this	I fully understand this topic
<p>Identifying choices & opportunities: Presentations by Prospects on Apprenticeship and Mrs Gilbert Head of Sixth Form, and sSLT Raise awareness of the different pathways available after year11. Understand what apprenticeships and FE Learning means</p>	Autumn Summer	<p>CM5: Be able to research your education, training apprenticeships employment and volunteering options including information about the best progression pathways through to specific goals</p> <p>Decision making Analysing Researching Questioning Communication Reflecting</p>			
<p>Planning & Deciding: What would you do and why? How values guide you decisions and goals and how you justify them. What thoughts guide your choices and how you respond to logic</p>	Summer	<p>CM6: Know how to make plans and decisions carefully including how to solve problems and deal with influences on you.</p> <p>Skills Confidence Qualities Decision Making Planning Communication</p>			

To support the taught programme you will also:

- Have time to discuss your own plans, and set targets with your form tutor and parents
- Have open access to a well-stocked current careers resource centre.
- Attend a planned options evening programme and receive Year 9 options information
- Take part in a work related learning and enterprise activity
- Access to an independent and impartial *Careers Guidance* advisor

To help you see what you have achieved, you will be asked to complete a questionnaire related to the programme.